

MIDDLE SCHOOL SPORTS HANDBOOK

2018-2019

St. John's Lutheran School
3511 Jeffco Blvd
Arnold, Missouri
636-464-7303
Mrs. Tania Winters, Athletic Director

PHILOSOPHY

St. John's sports program is established to facilitate the total Christian education experience of the student. The sports program gives the student an opportunity to experience Christian learning, growth, and development beyond the normal school day. Therefore, participation in St. John's sports program is a privilege. It is our goal that students use this privilege for Christian fellowship, self-improvement and for furthering the high Christian ideals and identity of St. John's Lutheran School.

OBJECTIVES AND EXPECTATIONS

That students, through the Spirit working in their daily lives, will:

1. demonstrate a positive Christian attitude toward family, school, church, and community;
2. be prompt in attending academic classes and sports practices;
3. demonstrate positive study habits and maintain good academic standing (see eligibility);
4. display self-control during practices and while attending and playing games, and demonstrate Christian sportsmanship;
5. play to win games, but not at the expense of Christian sportsmanship and teamwork;
6. assume responsibility for actions and words;
7. realize wherever they participate in the sports program, they represent St. John's Lutheran School;
8. develop skills to the best of their abilities;
9. have fun through physical activity;
10. demonstrate a neat and well-groomed personal appearance;
11. address coaches using the appropriate title (Mr, Mrs. Miss, Ms) or Coach before the last name; students will never address a coach by his or her first name.

REGISTRATION FEE

A sports registration fee will be charged for cross country, soccer, volleyball, basketball, and track and field. Registration fees will be billed through TADS. Fees are as follows: \$30 per sport or \$50 maximum per student per year or \$100 maximum per family per year. If there is a financial hardship regarding these fees, the parent must contact the Christian Day School Board. The fees that are collected are used to offset the expenses of the sports program.

ELIGIBILITY

1. Students must maintain a "C" average in each subject and/or make acceptable progress toward an individual education plan or service plan. Quarter report cards and mid-quarter reports are used to establish eligibility.

2. Students must have a sports physical signed by a physician and turned into the school office before the first practice.
3. Students must attend a full day of school to qualify for participation in a practice or game that same day. Please note that one-half day absence will be reached when a student is absent from class for an accumulated time of 105 minutes or more.
4. If a student is absent from school three consecutive days, he or she must have a note to practice and/or play again.
5. If a student must miss a practice and/or game, the student needs to tell the coach directly. He or she may not have another player relay the message.

UNIFORMS

Each student receives a game uniform and has the responsibility of:

1. bringing the uniform to all games;
2. keeping the uniform laundered and in good condition;
3. paying for a replacement (through TADS billing) if the uniform is lost or damaged;

MISCONDUCT

Any of the following will be considered misconduct:

1. disrespect toward the coach;
2. disrespect toward team members;
3. disrespect toward opposing teams;
4. disrespect toward game officials;
5. disrespect toward any adult;
6. use of profanity;
7. vandalism.

A pattern of misconduct will result in consequences determined by the coach, athletic director and principal. Please remember, school rules are in effect.

SCHOOL'S EXPECTATIONS OF THE PARENTS

Parents play a vital role in the total sports program at St. John's. A Christian attitude during a sports event leaves a positive impression on everyone attending a game. This display of Christian conduct – through both words and actions – is important to the development and enrichment of St. John's families, the Arnold community, and surrounding communities.

The parents, with the Spirit working in their daily lives, will:

1. Demonstrate a positive Christian attitude toward all players, coaches and officials;
2. Demonstrate self-control and Christian sportsmanship during all games or meets;
3. Support students playing in sports and encourage them to develop athletic skills;
4. Pick up their child(ren) after practice; students staying longer will be sent to the Extended Care Program at the established rate.
5. Participate in such areas as concession stand, score keeping, ticket sales, and other tasks as needed.
6. Pay a \$50.00 volunteer fee per family (billed through TADS) for failure to complete active participation at least **THREE TIMES PER SPORT**.

CARING FOR YOUR CHILD DURING THE SPORTS SEASON

Parents enrolling their student in the sports program need to be aware that additional child care is required for those who stay after school for staggered practice and/or playing times. It is not the responsibility of the coach to supervise one team while coaching another. Students who are not under parental care while waiting for practice or games are expected to enter the Extended Care Program at the established rate.

RESOLVING CONFLICTS

If a conflict arises during the sports season, please follow the guidelines Jesus gives us in Matthew 18:15-17:

1. please talk to the coach first;
2. discuss the problem with the coach and Athletic Director next;
3. if necessary, meet with the coach, Athletic Director, and Principal.

SPORTS AVAILABLE AT ST. JOHN'S

The athletic programs at St. John's Lutheran School consist of the following sports:

Co-ed Soccer (5 th – 8 th grades)	Aug-Oct
Co-ed Cross Country (5 th – 8 th grades)	Aug-Oct
Girls' Volleyball A-team (7 th & 8 th grades) and B-team (5 th & 6 th grades)	Aug-Oct
Girls' and Boys' Basketball A-team (7 th & 8 th grades)	Nov-Jan
Girls' and Boys' Basketball B-team (5 th & 6 th grades)	Jan-Mar
Boys' Volleyball A-team (7 th & 8 th grades) and B-team (5 th & 6 th grades)	Spring
Co-ed Track and Field (5 th – 8 th grades)	Mar-May

The number of teams per sport is dependent on student participation. Sports are offered to students in 5th through 8th grades. A-teams are 7th and 8th graders; B-teams are 5th and 6th graders. If players are needed to fill an athletic team, fourth graders will be allowed to participate.

***** POLICY FROM ST. LOUIS LUTHERAN ATHLETIC LEAGUE *****

Schools will not be permitted to play in an outside league during the Lutheran League season. The penalty would be suspension from the league for the next season. There is a limit on the number of students from a school team that can play on the same outside team. Please inform the Athletic Director if your child is going to be playing on an outside team to help us stay within the League's policy.

St. John's Lutheran School Sports Program 2018-2019

STUDENT COMMITMENT FORM

I have read the sports handbook outlining the sports program policies and procedures at St. John's Lutheran School. I agree to follow these policies and regulations.

Name of student (print please): _____

Signature of student

date

PARENT COMMITMENT FORM

I have read the sports handbook outlining the sports program policies and procedures at St. John's Lutheran School. I agree to follow these policies and regulation. I will support the school in upholding the policies of the sports program.

Signature of parent or guardian

date

Signature of parent or guardian

date